



PC BOARDERS

SAMPLE MENU

Cooked Breakfast

Crumpets

Freshly made crumpets topped with smashed blueberries & maple syrup

Bacon & Eggs

Bacon & scrambled eggs with spring onion, spinach, cheddar cheese & thick cut toast

Breakfast Burrito

Burrito filled with eggs, bacon, cheddar cheese & salsa

Waffles

Belgian waffles with maple syrup and topped with a whipped ricotta

Continental Breakfast

Cereals

Corn Flakes, Sultana Bran, Muesli, Weet-bix, Rice Bubbles, Special K & more

Toast & Spreads

Variety of breads including grain & seed breads, with Vegemite, honey or jams

Beverages

Water, tea, coffee, 100% orange juice, a variety of milks including dairy-free options

Fruit

Whole fresh fruit, as well as stewed & poached fruit options

Morning Tea

Muffins

Freshly-baked lemon & poppyseed muffin with a raw sugar crust

Scones

Traditional scones with raspberry jam & whipped cream

Pizza Twists

With mozzarella, tomato and spinach



Lunch

Thai Curry

Green curry with string beans, cherry tomato & sesame jasmine rice with Beef *or* Lentils

Mexican Chilli

Avocado salsa, corn chips with Beef & bean *or* five bean chilli

Sandwiches & Salads

Create your own sandwiches and salads with a variety of fresh salads, proteins and condiments

Pot Pies

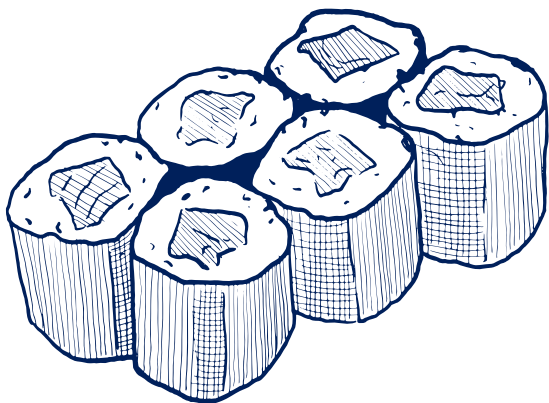
Chicken & vegetable pot pie *or* Mushroom, sweet potato, black bean & spinach pot pie with tomato chili jam & market salad

Souvlaki Plate

Tomato, onions, lettuce, grilled pita bread & cumin spiced yoghurt with Lamb *or* Haloumi

Char Sui

Asian greens, toasted sesame seeds & coconut rice with Pork *or* Tofu



Afternoon Tea

Sushi

Assorted sushi including vegetarian options with condiments

Platters

Cheese and antipasto platters

Savoury Muffins

Freshly baked with zucchini, sun dried tomato & cheese

Scrolls

Cheese and Vegemite scrolls

Dinner

Canelloni

With ricotta, zucchini, eggplant, tomato sugo, sage & parmesan

Roast Pork

Roast pork loin with a maple syrup glaze

Chicken Dinner

Chargrilled chicken breast with green olives, lemon & sage

Fish & Chips

Grilled and battered fish option with a side of potato chips

Vegetable Sides

All dinner meals come with additional vegetable side dishes to choose from including:

Mashed Potato

Steamed Beans with lemon & garlic

Corn Cobs with chipotle aioli

Roast Sweet Potatoes

Sunday Roast

slow roasted mustard crusted beef striploin

Casserole

Spicy chickpea casserole with coconut, turmeric, kale & moghrabieh

Pad Thai

Pad Thai with snow peas, green beans, tofu, bamboo shoots, fried egg, rice noodles & coriander

Lasagne

Traditional beef lasagne

Dessert

Buffet Station

Selection of fruit salads, ice creams, yoghurts, puddings & more

All Day

Fruit

Seasonal fresh fruit will be available to all Boarders throughout the day



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Thank you to Chartwell's for providing excellent food to our Boarding Students.



Perth College
ANGLICAN SCHOOL FOR GIRLS